

## Climate Strike Tips

### Tips for Youth Climate Strikers

1. Find like-minded people to organize a strike event with or join a local group. See the [Fridays for Future event map](#) for local groups.
2. Can't find a local group to join? Start your own! [Register your event with Fridays for Future](#).
3. Connect with local NGOs, friendship centres, faith communities, or other organizations that can help provide strike support and connect you with like-minded people.
4. Engage with your teachers, school administrators, parents, family, and/or elders. Let them know why climate change is important to you and ask for their support.
5. Record a video or take photos sharing your experiences and post them on social media. Tag your friends, social media influencers, leaders, and members of your faith community and call on them to join the #ClimateStrike. Also use the hashtags #EarthStrike and #FridaysForFuture.
6. Make a sign stating the action you want leaders to take to remedy climate change. Be creative!
7. Can't make it to Parliament Hill or your local town hall? Hold a rally on your school steps or at a public park. You might want to plan to sit outside a local politician's office and demand that they take urgent climate action.
8. Ensure all of your activities and events are nonviolent and carried out peacefully. Prioritize your safety and the safety of everyone around you.

### Tips for Adults: How to Be an Ally

1. Connect with youth and young people in your community. Let youth take the lead. Let them name the ways in which you can help support and empower their efforts.
2. Help youth connect with their peers who are planning strikes or help them plan their own strike.
3. Offer logistical help to youth strikers. You may wish to help by
  - providing transportation
  - helping to organize activities
  - allowing strikers to use your space as a meeting place
  - providing sign-making supplies and assistance
4. If you are a parent, let your child's school know that they will be taking part in this movement. Advocate for your child's right to strike with their school administration.
5. Strike in solidarity with youth. See the [Fridays for Future event map](#) for local groups.

6. Do you know youth who cannot strike but want to have their voices heard? Help youth write letters to their member of Parliament or local politicians. Write a letter your MP, too. You can find your Member of Parliament's contact information by [entering your postal code on the Parliament of Canada website](#).