# The Ecumenical Prayer Cycle[www.oikoumene.org/resources/prayer-cycle](https://www.oikoumene.org/resources/prayer-cycle)

Prayer is at the centre of the ecumenical movement. As a united and uniting church, we work toward Jesus’ prayer that all may be one (John 17:21). When we pray together, we affirm our solidarity with Christians around the world.

Consider

* adding these prayers to your weekly pastoral prayers
* posting them in your weekly bulletins or services
* embedding the link on your church’s website
* learning more about the diverse people, contexts, and gifts of each region
* incorporating the prayer cycle into your personal spiritual practices

People who use this prayer cycle will have prayed with every region of the world over the course of one year!

The suggested prayer texts are based on the World Council of Churches’ [*Pilgrim Prayer: An Ecumenical Prayer Cycle 2021*](https://www.oikoumene.org/resources/publications/pilgrim-prayer). The book and website offer valuable aids for intercessory prayers, prayers on behalf of and in solidarity with others.