

Sample from The United Church of Canada children's curriculum, *I Am a Changemaker: Teaching Anti-Racism with Children*. Available from the United Church Bookstore, ucrdstore.ca. This six-session curriculum for leaders of children aged 6–12 supports teaching anti-racism, raising anti-racist children, and advancing racial equity in a faith-based way.

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- If you don't have the technology to show the videos during a session, you could simply read the poems or send the YouTube links ahead of time to children's caregivers.
- Make intentional links between what the children are exploring with this curriculum and what is happening in the rest of the worship service by sharing updates on what the children are doing or showing some of the videos in worship. You might also share a prayer together, bless the children as they go to church school if they leave the service partway, or use one of the poems in worship.

However you adapt this curriculum, continue to create an inviting space where everyone can talk openly about racial equity.

Session Overview

	SESSION 1	SESSION 2	SESSION 3	SESSION 4	SESSION 5	SESSION 6
Title	I Will Be Guided by Love	I Will Listen and Learn from People's Experiences	I Am Committed	I Have Power	I Will Notice and Celebrate Everyone	I Will Co-Create Our Beautiful Future
Big Idea	Whenever I'm unsure or don't know what to do, I will trust the inner voice of love that is here to guide me through.	Our stories are important because they teach us about our past, so I will give the mic to those who have been excluded and outcast.	The change I want to make will take time and commitment, so I will keep at it and always be persistent.	I will give myself 20 seconds of courage before I call it quits because maybe I am here in this situation for such a time as this.	Same, same but different is what makes us strong, so I will celebrate our uniqueness because we all belong.	Our future world is being built today by you and me, so I will give what I have and work to make sure it's enough for everybody.
Bible Verses	1 Corinthians 13:4-8	James 1:19-20	Luke 18:1-8 Galatians 6:9-10 1 Corinthians 15:58	Esther 4:13-14	1 Corinthians 12:4-11	John 6:5-14
Worksheets	1-1 Grounding and Intention Setting 1-2 Love Bucket	2-1 Causes, Problems, and Consequences 2-2 VIP Tree 2-3 Real Courage	3-1 Writing Prompt: Commitment 3-2 Changemaker	4-1 I Have a Dream	5-1 Be Unique! Be You! 5-2 Magic and Mystery	6-1 Imagination Workout 6-2 Together We Can Change the World! 6-3 Everyone Belongs in God's World

Preparation

Visual Teaching Aids

- chart paper and drawing supplies



Activity Supplies

- paper and pencils
- Worksheet 2-1: Causes, Problems, and Consequences
- Worksheet 2-2: VIP Tree
- Worksheet 2-3: Real Courage (optional)

Glossary Words

- colonization
- residential schools
- enslavement
- internment
- decolonization

Review the “Tips for Creating Brave and Sacred Spaces for All Racial Identities” on page 1.

Welcome and Weekly Opening Activity

Read the “Grounding and Intention Setting” poem. This is also available as a  *video*.

Consider reading it first slowly to the group without doing the actions, asking them to simply listen. Take your time reading the lines, letting the meaning and weight of the words wash over the room as you pause to enjoy their invitation.

If you read the poem a second time, everyone could follow along with the movements prompted by the poem. Feel free to add actions for emphasis and direction. For example, use your fingers to count to five, place your hand on your belly so that everyone can see your belly expand as you breathe in, and do all of the other actions in an exaggerated way.

This poem is also available as Worksheet 1-1 if you would like to print it for learners.